

# **LGBT+ Support Guide**

**NTSU**

NOTTINGHAM TRENT STUDENTS' UNION



# Support services you can contact

## NTSU Information & Advice Service

Our independent, free and confidential advice, information and representation service. IAS is also a hate crime reporting centre.

Website: [www.trentstudents.org/ias](http://www.trentstudents.org/ias)

Telephone: 0115 848 6260

Email: [sac@su.ntu.ac.uk](mailto:sac@su.ntu.ac.uk)

## NTU Student Services

Website: [www4.ntu.ac.uk/student\\_services](http://www4.ntu.ac.uk/student_services)

Telephone: 0115 848 6060

Email: [student.support@ntu.ac.uk](mailto:student.support@ntu.ac.uk)

## Nottinghamshire LGBT+ Network

Need to talk but want to do it anonymously? Volunteers are available via phone and online Monday – Friday, 7pm – 9:15pm

Support is available:

- If you'd like to talk about your sexuality/gender identity
- If you're concerned about your sexual health or want to talk about sex
- If you need legal advice
- If you need to talk about anything else LGBT+ related

Website: [www.nottslgbt.com](http://www.nottslgbt.com)

Telephone: 0115 934 8485

Email: [info@nottslgbt.com](mailto:info@nottslgbt.com)

## The Nottingham Centre for Transgender Health

The Nottingham Centre for Transgender Health is an NHS clinic for people who want support with their gender.

Email: [not-tr.gender-services@nhs.net](mailto:not-tr.gender-services@nhs.net)

Telephone: 0115 876 0160

## Notts Trans Hub

- A hub for community organising and information about trans friendly organisations
- A local campaign for safer spaces for all people under the trans umbrella
- A monthly email bulletin and a Facebook group
- A place to list local trans-friendly events, services and resources
- A way to reach the trans community for consultation

Website: [nottstranshub.wordpress.com](http://nottstranshub.wordpress.com)

Email: [nottstranshub@yahoo.co.uk](mailto:nottstranshub@yahoo.co.uk)

## **LGBT+ Service Nottinghamshire**

The LGBT+ Service Nottinghamshire was established by The Centre Place as an addition to the LGBT+ support being provided since 2010 through the Worksop Out on Wednesday (WOW) young LGBT+ service. We offer a range of professional, specialist services for young people aged 11-25 who identify as lesbian, gay, bisexual or trans (LGBT+) or may be questioning their sexual orientation or gender identity.

**Website:** [www.lgbtplusnotts.org.uk](http://www.lgbtplusnotts.org.uk)

**Email:** [info@lgbtplusnotts.org.uk](mailto:info@lgbtplusnotts.org.uk)

**Telephone:** 01909 479191 / 07538 318462

## **Mermaids**

Mermaids is passionate about supporting children, young people, and their families to achieve a happier life in the face of great adversity. We work to raise awareness about gender nonconformity in children and young people amongst professionals and the general public. We campaign for the recognition of gender dysphoria in young people and lobby for improvements in professional services.

**Website:** [www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk)

## **Gendered intelligence**

Support line for trans & gender questioning people.

**Website:** [genderedintelligence.co.uk](http://genderedintelligence.co.uk)

**Email:** [supportline@genderedintelligence.co.uk](mailto:supportline@genderedintelligence.co.uk)

**Telephone:** 020 7832 5813 / 07592650496

## **Samaritans**

Whatever you're going through, call us free any time, from any phone.

We're here round the clock, 24 hours a day, 365 days a year. If you need a response immediately, it's best to call us on the phone. This number is FREE to call. We offer a safe place for you to talk any time you like, in your own way – about whatever's getting to you. You don't have to be suicidal.

**Text:** 116 123

## **Crisis text line UK**

Text anywhere in the UK 24/7. Every texter is connected with a Crisis Counsellor, a real-life human, trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving. All of Crisis Text Line's Crisis Counsellors are volunteers donating their time to help people in crisis.

**Text:** 85258

# Meet your **Gender and Sexuality Officers**



**Rachel Saunders**  
**Gender Officer**

[rachel.saunders@su.ntu.ac.uk](mailto:rachel.saunders@su.ntu.ac.uk)



**Elouise Oldfield**  
**Sexuality Officer**

[elouise.oldfield@su.ntu.ac.uk](mailto:elouise.oldfield@su.ntu.ac.uk)

**Connect with like-minded students through  
our Gender and Sexuality Facebook group**

Scan the QR code below to join



**NTSU**  
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*Your Student Life*