WELFARE AT NTSU

Budget

This may be an obvious point but keeping an eye on your spending is a sure-fire way to save. You'll soon see how that £2 coffee you have every morning mounts up and find out where you need to cut back or where you could afford to spend a bit more.

Make the most of student discounts

The Totum App will get you discounts across the city, from popular restaurants to clothing shops. You can find out more about them and how they can help you save at **mus.org.uk**.

Say no

University comes with a lot of invitations whether they be to a coffee and catch up or a big night out. Remember it's fine to say no sometimes. If that coffee or night out is the difference between dipping into your overdraft or not, turn it down. You could always put a cheaper alternative like a movie night at yours on the table instead.

Batch cook

Once you've got the ingredients, batch cooking meals is another great way to save. Things like lasagne, curry and shepherd's pie are all super easy to make multiple portions of and having them in the freezer as backups will save you from spending on takeaways and other impromptu meals.

Finance

Managing your money is one of the biggest challenges that comes with being a student. Rent, food, bills, travel and social events are just a few of the things you'll have to take into consideration.

Here are some tips for saving as a student: